

POST-OP ULTRASOUND GUIDED BREAST BIOPSY INSTRUCTIONS

In-Office Procedure - Dr. Mari Fahrner

- You may remove the pressure dressing tomorrow. You may shower once the pressure dressing is removed.
 - You do NOT need to place another dressing
- If you stopped any blood thinners (aspirin, Plavix, etc.) you may restart those tomorrow.
- Apply an ice pack to the site for 24 hours after the procedure to help reduce bruising
 - Do NOT apply an ice bag directly against your skin. Use a towel to wrap the ice pack.
- Wear a bra during the day AND night (*sleep in a bra*) for 1 week following the procedure
- Call our office in 4-5 days to speak with Dr. Fahrner about the results of the biopsy

Call our office with any questions or concerns you may have – 314-434-1211