

General Wound Care Instructions *for ABCESS or OPEN WOUND*

1. Remove dressing and remove packing the day after you had your procedure. You will find it easier to remove the packing in the shower (*see below*).
 2. If possible, soak affected area in tub for 10-15 minutes, then get in the shower and let warm water run on the wound (*remove dressing and packing if you have not already done so*).
 3. After the shower, clean the wound with hydrogen peroxide and a q-tip, and repack the wound with Iodoform gauze or plain gauze, whichever is given to you.
 - **Be sure to clean INSIDE the wound cavity, and not just the skin's surface.**
 - Do NOT apply any ointment or cream to your incision site.
 - If NOT instructed to pack wound, continue to clean the wound twice daily with hydrogen peroxide.
- This needs to **be repeated once to twice a day** until the wound is completely healed and you are no longer able to pack the wound.
 - **Antibiotics** may or may not be prescribed, depending on the situation.
 - If a **culture** was taken at the time of the procedure, please call the office 3 days to check the sensitivity, making sure you are on the correct antibiotic.
 - **Follow up** in the office with the doctor or nurse practitioner as instructed.

If you have increasing redness around the incision sites, thick drainage, or fever above 101°F call the office as soon as possible (314-434-1211) to speak with our clinical staff.