

POLYMEM PATIENT INSTRUCTION SHEET

Dressing Changes:

1. Change the dressing before the wound fluid, visible through the dressing, reaches the wound margin (*edge*) that you've marked with a permanent marker.
 - Change the dressing immediately if the wound fluid reaches the edge of the dressing.
 - For wounds with little drainage, the dressing can be left in place for a **maximum of 7 days**.
2. Gently remove the dressing. This product is specially designed NOT to stick to the wound.
3. Do not disturb the wound – **do NOT clean the wound bed** or flush with saline or water unless the wound is infected or contaminated (*our office will tell you if cleaning needs to be done*).
 - This product contains a wound cleanser and leaves no residue. Additional cleaning of the wound may injure newly formed tissue and delay wound healing. The intact skin around the wound may be cleaned if needed.
4. Apply a new dressing and secure it in place. Press into wound. Use a permanent marker to mark the outside of the dressing with an outline of the wound so that you can easily see when to change it next.

Tips for Use:

- Cut the dressing so that it is ¼”-2” **larger than the wound**. This product also helps soothe the surrounding tissue, as well, so if you have redness or irritation cut the dressing larger to fit over these areas, too.
- Apply the dressing film side out (**printed side OUT/VISIBLE**).
- Outline the wound size on the outside of the dressing to help determine when a dressing change is needed.
- Keep the dressing **DRY** and in place when bathing. Change the dressing if it gets wet.
- Topical treatments (*Neosporin, other creams or ointments*) are **NOT** recommended when using this product.
- A dramatic increase in drainage may be seen in the first few days of using this product. This indicates that the dressing is working.

Dressings:

- *Light to Moderate Drainage:*
 - *PolyMem (Pink)*
 - *PolyMem Silver*
- *Moderate to Heavy Drainage:*
 - *PolyMem MAX (Pink)*
 - *PolyMem MAX Silver*