

PROFORE[®] DRESSING PATIENT INFORMATION

Features

Each system pack contains the following:

- wound contact layer
 - #1 natural padding bandage
 - #2 light conformable dressing
 - #3 light compression bandage
 - #4 flexible cohesive bandage

Benefits

- **Effective Compression**
Proven effective in both hospital and community treatment studies, the PROFORE system is designed to deliver effective pressure.

- **Graduated Compression**

PROFORE provides higher pressure at the ankle, with decreasing pressure exhibited at the calf.

- **Sustained Compression**

Even a full week after application, PROFORE maintains effective levels of compression.

- **Safety**

PROFORE pads bony prominences for protection and through the use of 2 compression layers, compression is built up gradually.

- **Extended Wear time**

Profore has sufficient absorptive capacity to manage exudate for up to a full week without needing re-application.

Instructions

- We recommend that you **NOT** drive if the dressing is applied to your right foot.
- The dressing will stay in place for 1 week.
 - The dressing **cannot** get wet. Patients may abstain from showers for 1 week or they may securely wrap the dressing to avoid getting it wet.
 - The evening or morning prior to your 1 week follow up visit, you may remove the dressing (either unwrap or cut off) and shower.
 - Allow warm soapy water over the wound(s).
 - After your shower, loosely cover your wound(s) with gauze dressings until your appointment.
- You will follow up with our office in 1 week.
- Your wrap may settle or slip down your leg with activity. If this is significant call our office because the dressing may need to be removed so that it does not rub against your skin and cause new wounds.

General Information

- Swelling can cause stress on new, healing tissue resulting in slowed or delayed healing. Applying this compression wrap will help reduce swelling and hopefully improve healing.
 - The first few nights your leg may ache and be uncomfortable as it tries to swell against the dressing.
- Each person is different, and so is every wound. It may take several weeks to several months for your wound(s) to heal.
- If your legs normally swell, you would likely benefit from compression stockings of some kind once you are healed.
 - There are various strengths and styles, as well as alternative options (ACE wraps, tubi-grips).