

POST-OP ULTRASOUND GUIDED BREAST BIOPSY

INSTRUCTIONS

In-Office Procedure - Dr. Mari Fahrner

- You may remove the pressure dressing tomorrow. You may shower once the pressure dressing is removed.
 - You do NOT need to place another dressing
 - If you have small pieces of tape over the area, you may shower with those in place. Remove after 7-10 days.
- If you stopped any blood thinners (*aspirin, Plavix, Coumadin, etc.*) you may restart those tomorrow.
- Apply an ice pack to the site for 24 hours after the procedure to help reduce bruising
 - Do NOT apply an ice bag directly against your skin. Use a towel to wrap the ice pack.
- Wear a bra during the day AND night (*sleep in a bra*) for 1 week following the procedure
- **Call our office in 4-5 days to speak with Dr. Fahrner about the results of the biopsy**

Call our office with any questions or concerns you may have – 314-434-1211

The office is open for phone calls from 8am - 5 pm Monday-Thursday, Friday 8am -4 pm. For an after-hours emergency, call the Medical Exchange @ 314-364-5262 to speak to the surgeon on call.

Thank you for choosing