

Hibiclens is a skin cleanser that kills germs for up to 24 hours after you use it. It contains a strong antiseptic (liquid used to kill germs and bacteria) called chlorhexidine gluconate (CHG). You can buy Hibiclens at your local pharmacy or online.

Showering with Hibiclens helps lower your risk of infection.

How to Use Hibiclens

1. Use your normal shampoo to wash your hair. Rinse your head well.
2. Use your normal soap to wash your face and genital area. Rinse your body well with warm water.
3. Open the Hibiclens bottle. Pour some solution into your hand or a clean washcloth. Don't dilute (mix) the Hibiclens with water before doing this.
4. Move away from the shower stream to avoid rinsing off the Hibiclens too soon.
5. Rub the Hibiclens gently over your body from your neck to your feet. Don't put the Hibiclens on:
 - Your head or face (including your eyes, ears, and mouth).
 - Your genital area.
 - Wounds or scrapes that are deeper than the top layer of skin. If you have a wound and aren't sure if you should use Hibiclens, ask your healthcare provider.
6. Move back into the shower stream to rinse off the Hibiclens with warm water. Rinse your body well.
7. Dry yourself off with a clean towel after your shower.

